



RHS
Communities



Grow Well

Find accompanying resources and
how-to guides on our website
schoolgardening.org.uk/GrowWell

Share your experience and ideas with the
Grow Well community using **#GrowWell**

Share me with your groups then recycle
me or pop me on the compost heap!





Give

**Small acts of kindness
can brighten someone's day.**

**Gather your group to spend time together
and share your love of growing.**

- Sow, grow and gift calendula cheer to someone who needs it in your local area.
- Upcycle old jam jars, tin cans or make paper plant pots to share.
- Set up shop to sell your seedlings and raise funds for your school or group, you could set up shop at the school gate or host an open garden.
- Reach out to your community and join forces to plant pockets of Calendula across your neighbourhood.
- Share your skills and knowledge by running a workshop for beginner growers. What might be simple for you may be new to others, it is a great way to connect with new people.

Saying thank you can mean so much.

Thank your volunteers or recognise someone who has made a difference for you, by sharing a pot of sunshine

