

Grow Well

Find accompaning resources and how-to guides on our website schoolgardening.org.uk/GrowWell

Share your experience and ideas with the Grow Well community using **#GrowWell**

Share me with your groups then recycle me or pop me on the compost heap!



Celebrate

When you're busy growing it can be easy to forget how far your group has come.

Take the time to celebrate your progress, and share your hard work with those around you.

- If you've shared calendula with your community, bring everyone together to celebrate their success. Why not try one of the craft activities from the 'Make' card, using your calendula flowers.
- Have you enjoyed growing this season? Celebrate your love of growing and host a seed swap. Invite gardeners of all abilities to share seeds and advice. You can collect the seeds from your calendula flowers to kick things off. Find out how on our website.
- Sit down and enjoy your space. Come together with your group and think about your growing journey, in the garden and as a team.
- Host an open garden. Show off your hard work and invite community members, parents or friends to celebrate the growing year with you. By opening your garden gates, you may even recruit a few new volunteers. We recommend having tea and biscuits on hand to seal the deal.

We would love to celebrate with you! Share your achievements with our growing community using the **#GrowWell.**



You can find instructions for all the activities mentioned here on our website.